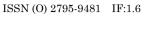
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#### **RESEARCH ARTICLE**





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### DADA-HAIR STYLE THE ENGINE POWER HOUSE FOR MAIMI WATER SPIRITUALITY AND SPIRIT POSSESSION IN TRADITIONAL *IGBE* CULT RELIGION OF THE AGULERI PEOPLE

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#### Abstract

Various rituals recognize Mami Water's power to give countless gifts or blessings, but at the same vein require that the devotees give gifts to others as well as receive them for themselves. Nonetheless, the fears and aspirations of the devotees who basically identified as individuals with curly hair - dada are equally identified in the course of the sound and incantations ascribed to Mami Water and other divinities. The objective of this work is to investigate the symbolic acts of spirit possession through cultural relativism as a method of my analytical lens and how it concerns those aspects of its use in Igbe cult to bring out its religious and cultural significance. Born out of this, the author found out that in traditional Igbo religion the practice of spirit possession is significant and related to one function that brings religion and science as a discourse. This paper focuses on the creation of spirit possession in Mami Water worship through the mediating powers of special individuals with *dada* hair styles who evidently are the members of *Igbe* cult. It explores how this ritual emerges as a manifestation of the group's intrinsic power of accomplishment, adaptation, and invention. The researcher recommends that Africans should go back to their root and reconcile with the positive traditions. Cultural studies should be included in the educational curriculum at all levels. This will help awaken the interest of the youths towards their cultural heritage and in turn give them a sense of identity where spirit possession is concerned. Keywords: Cult, Devotees, Invocation, Manifestation, Spirits, Possession.

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#### 1 | INTRODUCTION

he main issue of creolization of African water divinities can be found in the ritual production of Mami Water through the ritual and spiritual endeavours of the Igbe cult, an indigenous religious movement in Aguleri cosmology whose members are basically identified with dada - curly hair styles with some cowries affixed on them. It is believed that cowries also symbolise piety and ritual purity in consequence of its close association with Olukun who is also conceived to be the ethical divinity of the sea (Nabofa, 1994: 57ff). According to Kathleen O' Brien Wicker "Mami Water is the name applied by Africans to a class of female and male water divinities or spirits that have accreted elements from several European, New World, and Indian cultural traditions" (2000:199). In Igbo traditional religion, Mami Water is understood and interpreted in various ways as an "African-centered manifestation of traditional water deities despite her apparently foreign iconographic characteristics (Wicker, 2000:203).

According to Achebe (1986:15) "with the arrival of Europeans to this part of the world, Nne Mmiri became known as "Mami Wota" - a translation which enabled the local inhabitants to communicate the existence and exploits of this female deity to foreigners". In thinking of the devotees of the Igbe cult religion, Jell-Bahlsen (1995a; 1995c) comments that "Mami Water's luxurious long hair is dada-rasta hair and represents unrestrained fertility, creativity, and spirituality. The white complexion and facial features in Mami Water representations are regarded not as maskers of ethnicity but rather as a symbol of the sacred". Jell-Bahlsen affirms that iconographic features associated Mami Water are holistically explained in African terms in a number of Nigerian communities and that is why such interpretation is seen "as an African-centered manifestation of traditional water deities despite her apparently foreign iconographic characteristics" (Wicker, 2000:203).

### 2 | THE NOTION OF DADA HAIR STYLE IN TRADITIONAL RELIGION OF THE IGBE CULT

The notion of *dada* hair style yesterday, today and forever among the adherents of African Traditional Religion nonetheless is seen as projection of spirituality and spirit possession in African Traditional Religion among the Igbe cult movement in Aguleri paradigm. The members are easily identified with their curly dada-hair and according to Paula Girshick Ben-Amos (1994:121) "in order to know if a child is destined to be a devotee... or any other deity for that matter, the parents can consult a diviner to determine if there is a calling in the womb, though not all parents do this, upon birth, the appearance of divine calling can be marked by special curly hair... There are many different types of curl and a diviner has to ascertain which deity is involved". One can infer that the spirituality that is bestowed on the notion of dada hair style is clearly seen in its holistic inner recesses of spiritualism. This is the reason why the Holy Bible of the Christian fold says "touch not thou my anointed" (Psalm, 20: 6-7). Interpretatively, the Holy Bible is simplistically referring to some selected and chosen ones like Samson, David, some of the renowned prophets of the Old Testament and New Testament and more recently the late Emperor Haile Selassie of Ethiopia respectively who had dada-rasta hair. There is such a holiness ascribed to all the parts of his body especially his that is why Frazer (1922:237b) posits that "in savage or barbarous society there are often found men to whom the supposition of their fellows ascribes a controlling influence over the general course of nature. Such men are accordingly adored and treated as gods". Again Frazer (1922:221-222) describes these class of men as "priests on whose head no razor may come during the whole of their lives. The gods who dwells in the man forbids the cutting of his hair on pain of death. If the hair is at last too long, the owner must pray to his god to allow him at least to clip the tips of it. The hair is in fact conceived as the seat and lodging-place of his god, so that were it shorn the god would lose his abode in the priest". It is very significant to note here that this kind of hair style offended the upperclass during the period of Rastafarian movement in Jamaica (Ohadike, 2007:85ff). These days' people

in the showbiz or entertainment industry try to copy this kind of hair style not minding the symbolic and mystical interpretation of it.

One school of thought believes that "a legend from Surinam tells of the Great Mother of the Inland Waters who delivered Africans from slavery as they made their way up to the Mamadam River in two boats with six paddlers each. One interpretation of this legend suggests that its original inspiration was in stories about a woman who aided African slaves' in escaping from bondage (Paxson, 1980:54-80). This is the reason why inscription of small boats with six paddlers are found in a number of African Mami Water shrines, perhaps recalling these traditions (Drewal, 1988b:41).

# 3 | SCHOLARLY CONTEXTUALIZATION OF THE ORIGIN OF IGBE CULT

However, not minding the historical paradigm and the contestations of the origin of Igbe religion as an indigenous religious movement in Nigeria, Johnson (1927:74) posits that it originated from Kokori. Nzewi asserts that oral tradition have it that "the music style in which it figures originated in Aguleri – a farming/fishing Igbo community on Omambala River basin of outh-Eastern Nigeria" (2000:25). According to David Chidester (1996) the supposed discovery of such indigenous religious movement was based on the practice of morphological comparison that established analogies between the strange and the familiar. He argues that morphology did not depend upon reconstructing historical links between ancient and contemporary religions; rather, morphological comparison relied exclusively on the observation of formal or functional resemblance (Chidester, 1996:18).

Apparently, one obvious social function of belief in witchcraft is social control and the preservation of order...while the belief in witchcraft can also

**Supplementary information** The online version of this article (10.15520/jassh.v7i03.582) contains supplementary material, which is available to authorized users.

support certain types of authority in society (Bourdillon, 2000:187). It is on this position that Akama (1985:25) asserts that "belief in witchcraft and practices of other allied antisocial evils appears to be the root cause of the emergence of the Igbe cult" in community like the Aguleri and its environs. This is to counter the claims that "the gospel in Igbo land achieved an amazing success where the walls of pagandom collapse Jericho-wise" (Ayandele, 1973:126). This is the reason why Bourdillon (2000:181) echoes that "whatever outsiders may think of the reality of a witch's powers, in the perspective of insiders, witchcraft is a social reality that cannot easily be laid aside". Interestingly, it has been observed that the Igbe cult movement carry out their religious rituals every Afor and Nkwor days in Igbo calendar and every four days interval respectively known as Izu in Igbo tonal language. At the shrine, according to Jell-Bahlsen (1989) the devotees meet every fourth day of make offerings and dance in honour of these divinities. No wonder Umar Danfulani (1999:167) affirms that "African communities used various methods for controlling witchcraft before the introduction of colonial rule". Similarly, Kathleen Wicker (2000:198) asserts that "these characteristics differentiate African spiritual traditions from Western religions, where faith usually involves acceptance of an articulated set of beliefs posited as absolute truths".

But not withstanding the controversies on the origin, one thing that is clear is the fact that the ritual activities of the Igbe cult movement is filled with ritual dance and songs that subdues the physical bodies of the devotees, while the spirit possession comes to the fore, in which a state of altered consciousness is attained and worship will be better effected through the mediation of Mami Water worship. It is no wonder then that "possession by a water spirit may induce a socially accepted form of dancing out of control" (Jell-Bahlsen, 2000:42). Michael Nabofa (2005:358) asserts that "these songs have been claimed to have been revealed to any of the members in dreams and in visions. They are not codified but learnt by memory because most members are illiterates". He argues that "the ability to be able to master these songs indicates how mature the person is, spiritually and also how involved the person is in the religion. Although, these

songs are not written they are well punctuated and they blend with the musical instrument" (Nabofa, 2005:358).

From the analysis of the above assertion, it has come to show that the historical paradigm of how the dance came into being which has been part and parcel of the Aguleri oral tradition that is somehow neglected. No wonder Jacob Olupona (1991) has observed that the failure to engage in a history of African religions has created the impression that the religion is static and unchanging and that in the history of religions, diachronic analysis can no longer be neglected. Such analysis normally leads to issues of continuity and change in African traditional religion (Olupona, 1991:3). Chidester draws our attention to the idea that "such oral tradition as a myth is not a story with canonical closure, but rather than being subject to timeless repetition, such a myth is opened and reopened by interpretation, and as a result, such myth is a type of ongoing cultural work" (1996:261). Anthony Aveni asserts that by this way "history is regarded as a chain of events, a process whereby every happening contributed to the causation of future events" (1998:315).

### 4 | DANCE AS A COMMUNICATIVE SYSTEM IN AFRICAN TRADITIONAL RELIGION

The communicative value of music is however more apparent in Africa where music forms a very important part of their rich cultural heritage (Ohadike, 2007:9). Ohadike (2007:9) again argues that "Africans on the Continent and in the diaspora use music and dance to express their feelings and to preserve their culture and history", and as a communication device, they "serve as a form of record keeping" (Ohadike, 2007:11). Rodney comments that:

Music and dance had key roles in uncontaminated African society. They were ever present at birth, initiation, marriage, death, as well as appearing at times of recreation. Africa is the continent of drums and percussion. African peoples reached the pinnacle of achievement in that sphere. Because of the impact of colonialism and cultural imperialism...Europeans and Africans themselves in the colonial period lacked due regard for the unique features of African culture. Those features have a value of their own that cannot be eclipsed by the European culture either in the comparable period before 1500 or in the subsequent centuries. They cannot be eclipsed because they are not really comparable phenomena (1973:41-42).

Hudgens & Trillo (1990:52) affirms that "nowhere in the world is music more a part of the very process of living than in Africa", without it "the efficacy of the people's worship are reduced to nothing" (Akinfenwa, 2013:6). According to Pratt (1914:60) "of these artistic appeals, none is on the whole more penetrating or more intense than music. Nothing that can be urged by those who profess themselves to be insensible to musical impressions, or by those who have become righteously exacerbated by the misuse of sacred music here or elsewhere, can break the force of this general truth. There is no artistic means of getting at the internal springs of feeling in popular heart that can compare with music". Leonard (1906:429) argues that "the religion of the natives [Africans] is their existence and their existence is their religion. It supplies the principles on which their law is dispensed and morality adjudicated. The entire organization of their common life is so interwoven with it that they cannot get away from it".

Shorter (1978:49) affirms that No wonder, "...Africans are notoriously religious", while Isichei (1976:24) particularly asserts that "the Igbos are nothing if not profoundly religious, and all accounts of their life reflect the fact". Stephen Ezeanya (1980:324) posits that in Africa, "life is religion, and religion is life". Ekeke (2013:3) argues that "this means that religion could not be explained away in Africa and whoever tries it will be seen as a stranger to Africa". Mbiti (1975:9) asserts that religion is by far the richest part of the African heritage. In this wise, Chernoff describes African religion as a "danced belief" (1999:172), and as a form of worship that is visible and inherently attached to bodily action (Heuser, 2008:35). Buttressing this further, James Early posits that:

Throughout world history sacred sounds have served as a medium for human cultures to raise queries,

advance beliefs, give praise, and inspire others to join in exploration of the mysteries of earthly existence and the greater universe. These sacred sound traditions encompass a broad range of expressive forms: melodic and repetitive vocalizations called chants; sharp, passionate, emotions-filled hums, groans, shouts; percussive, rhythmic hand claps and foot stomps; and extended song, sermon, and instrumental arrangements. Instrumental music, sung prayers, and mystical chants have been used to communicate with the divine, to unite religious communities, and to express moral, political, social, and economic aspirations. Sacred sounds in many traditions are the central means for invocation of spirits. The utterance of particular sounds is thought by many cultures to form a connection to all the elements of the universe. In some belief systems music and sound vibrations are pathways for healing body, mind, and spirit. Among the wide range of human expressive behavour, the capacity to infuse the joys, sorrows, and humility that characterize religious and spiritual beliefs into oral poetry, chants, songs, and instrumental music is certainly one of the most powerful and inspirational ways all peoples and cultures acknowledge the spirit of the Supreme in their lives (1997:1).

Akinfenwa (2013:7) asserts that "the origin of music and dance is a mystery, but their importance cannot be over emphasized in religious circle". According to NTI:

In the olden days, during the Stone Age, records show that Africans were mostly wanderers moving from place to place and living inside caves. Their major occupation was hunting for animals which served them for food. When the man comes home in the evening he tells his family stories of his exploits for the day. Imitating the movements of the animals that he encountered in the forest. Some scholars believed that it was from his imitation of the movement of birds that dance was born (1990:20).

Buttressing this further, Wosien (1992:17) affirms that "man was taught how to dance by the animals, which he observed closely and learned to imitate. He depended on them for his food, clothing, tools and weapons, and therefore needed to study their habits and characteristics". Akinfenwa (2013:7) argues that "people specialized on them and earned their daily bread. Music and dance cannot be replaced by anything in the world. A world without music and dance will face trouble. This is because of the important position they occupied in worship. Man was made to worship the Supreme Being and the worship is not complete without music and dance". Music infuses all the activities of the African from the cradle to the grave (Hailey, 1957:67). Awolalu (1991:132) affirms that "the Africans are a singing race. A lot of their music is of a religious nature. In these songs, they portray their joy and sorrow, their hopes and fears. In each song there is a wealth of material for the student who will patiently sift and collate. Ritual songs and dancing follow prescribed patterns and a study of them will reveal a lot of the people's beliefs"

### 5 | INTERSECTION BETWEEN RELIGION AND MUSIC THROUGH THE MEDIATION OF IGBE RITUAL CULT

According to Ruth Stone (1994:391) "religious aspect of music is fundamental to the very being of many musical acts and cannot be stripped from the performance. Thus, it is only for analytical ends that we can, to any extent, pull the religious from the performance bundle from temporary scrutiny". Reaffirming this affirmation, Gorer, (1935:289) cited in Doob (1961:73) posits that Africans allegedly dance for joy, and they dance for grief; they dance for love and they dance for hate; they dance to bring prosperity and they dance to avert calamity; they dance for religion and they dance to pass the time. Mutua (1999:173) argues that "that is why the degradation of African religions should be seen as the negation of the humanity of the African people". Onwochei (1998:286) explains that "there are so many ways Africans express their musical heritage". Nketia (1989:119) argues that interacting and rejoicing with music and dance in the context of ritual and worship is also an important aspect of the African concept of religious expression and may be given free reign at religious festivals. It is in this wise that Lucas (1948:110) posits that feasts like the Ogwa festival is followed by general merriment, including processions and dances. No wonder Okafor

(1994:130) affirms that "the Igbo would appear to be a people perpetually celebrating because in every moon of the 13 moons in the year, some communities somewhere are celebrating in Igbo land". According to Jafotito Sofola:

Music is used in African lives in various forms even in spurring farming people to action as is done when the farmer is cutting his field; it is used in folktales that is told the children under the night's moonlight; it is used during wrestling with composition that spurs or disarm the wrestlers as the case may be; it is used in social and religious activities, to name some uses. The music form has its dissonance and consonance, characteristics that make it African music that need not be forced into the Western or oriental moulds which have their own respective characteristics. It is left for the students of African music art forms to conduct researches into them and propagate and preserve them in their distinctive forms having, of course, the possibilities for adventurism as they wish to have (1973:102).

Buttressing this further, Kwasi Aduonum notes that:

In Africa, music is life; that is, it permeates all daily activities. Music in Africa is the soul which is ultimately concerned with various customs and religious practices. The African is born, named, initiated, fortified, fed, nutured, buried with music. In Africa, music heals the sick, music directs and guides the blind, music comforts the widow, and music stops tribal warfare. Music is in the office ... Finally, music accompanies every single daily activity (1980:19-20).

In furtherance of this assertion, John Mbiti asserts that:

A lot of African music and songs deal with religious ideas and practices. The religious rituals, ceremonies and festivals are always accompanied by music singing and sometimes dancing. Music gives outlet to the emotional expression of the religious life, and it is a powerful means of communication in African traditional life. It helps to unite the singing or dancing group to express its fellowship and participation in life. Many musical instruments are used by African peoples (1991:71).

Music has universal appeal especially African and Nigerian music are sang or produced in local lan-

guage and that is why Euba (1977:13) argues that "Nigerian tone language usually had its own inherent melodic structure and the imposition of an imported melody resulted in a conflict with the natural melodic structure of the text, thereby distorting its meaning". The spirituality of sacred sounds, bodily movement, chanting, incarnations, and divinations are literarily, in tandem throughout the African diaspora, no wonder Melville Herskovits asserts that:

The African past must be included under the rubric traditions of the past, whether these traditions are held overtly or not, becomes apparent when the religious habits of Negroes in the Caribbean and South America are anchored to both ends of the scale whose central position they comprise—to Africa, the aboriginal home of all these varieties of religious experience, on the one hand, and to the United States, on the other, where the greatest degree of acculturation to European norms has taken place (1941:224).

However, Tagg (1989:285-298) argues that the distinction between Africans and Europeans are often based on essentialist ideas about music and people which are often ascribed racist stereotypes and assumptions. Buttressing this further, Roman-Velazquez (2006:298) equally made a reference to this assertion by concluding that "racism has often resulted in blacks being thought of as more authentic in terms of musical sexual expression of the body, whilst Europeans have often been associated more with the mind and less spontaneous type of musical performance".

Apparently, ethnicity basically often linked to national identity is invariably used to equate, shared features or characteristics simply due to a belief in what Shelemay (2001:249) describes "as common ancestry, memories of a shared historical past, and elements in common, such as kingship patterns, physical continuity, religious affiliation, language, or some combination of these". It is on this position that Ohadike (2007:2) argues that "every sacred drum has a name, and can be conceived as belonging to a particular clan or family unit, albeit a family of drums [sic]. He asserts that "a sacred drum cannot be treated as the property of an individual. Instead, it is a member of a lineage organization. Like any other member of the lineage, it is treated with certain

amount of respect, and it enjoys certain rights and privileges. This explains in part why an African clan could go to war if its sacred drum was violated, seized or stolen by another clan" (Ohadike, 2007:2-3). James Clifford idiomatically states that:

Groups negotiating their identity in contexts of domination and exchange persist; patch themselves together in ways different from a living organism. A community, unlike a body, can lose a central organ and not die. All the critical elements of identity are in specific conditions replaceable: language, land, blood, leadership religion. Recognized, viable tribes exist in which any one or even most of these elements are missing, replaced, or largely transformed. The idea of culture carries with it an expectation of roots, of a stable, territorialized existence (1988:338).

Conversely, the sound emitting from the hand fan of the *Igbe* cult as an indigenous religious movement is believed to be the sacred sound of the initiates of the cult in Aguleri cosmology in the sense that it is "created by the people, sustained by the people, and is for the people" (Araki, 2004:214). Nnamah (2002:7) asserts that most obvious is the fact that Aguleri have an organized indigenous religious movement not the typical acephalous society structure commonly associated with Igbo land before the advent of colonialism. Nettl (1983:156) affirms that music like that of the *Igbe* cult "supports tribal integrity when many peoples, whites and other Indian tribes, because of the onset of modernization and Westernization, come into a position of influencing each other's culture".

#### 6 | SPIRIT INVOCATION AND POSSESSION IN AGULERI COSMOLOGY

Spirits are unscrupulous creatures in settings in which peripheral and subordinate members of the society notably the initiates of a particular cult like that of the *Igbe* are possessed, whereas, spirits uphold morality in societies where it is those in authority who enter trance (Lambek, 1989:39). Paula Girshick Den-Amos (1994:125) comments that "trance however, is not the only way to obtain direct communication with the deity. The second most common means is through dreams". Nonetheless, Michael Nabofa argues that "it is within the world of classical sound that the elements of traditional cultic ritual have a natural alliance" (1994:38) which invariably calls for spirit invocation and possession. Janice Boddy (1994:407) explains that "these forces may be ancestors or divinities, ghosts of foreign origin, or entities both ontological and ethnically alien". Spirit invocation and possession is a significant feature of life in the ritual liturgy of the *Igbe* as an indigenous religious cult movement in Aguleri cosmology.

During the ritual festival, the recognition of the abiding power of spirit invocation and possession emerges in a variety of circumstances during the pounding sound of the hand fans and is constructed from signs ranging from apparently psychotic breaks to sudden competent expression of trance behaviour during the feast. According to Michael Lambek (1989) some initiates with spirits have to observe different taboos imposed upon them but never enter except when the sound like that of the hand fans is activated, managed and manipulated in ritual circumstances. He argues that "people's ability and circumstances differs, but the main point is that not every spirit will make the same demands upon the host – although, when such is made there is every possibility or tendency that the demands are quite conventional" (Lambek, 1989:42). A close observation of trance behaviour can be seen and interpreted as an expression of the identity or attitude of the spirit and the stage or immediate tendency of its relationship with the host and it is in this situation that altered state of consciousness or the creation of a secondary self is achieved, but they are not determined by them (Frazar, 1922:91).

Spirit possession in Aguleri cosmology during the *Igbe* ritual festival can be viewed, in broad ways or terms, as a symbiotic and symbolic system of divine communication. First, one must have to consider the period of the emergence of a spirit in a particular host, during which messages concerning its individual status are communicated. At this stage, it is during the ritual decoration of the hand fans during the *Ogwa* ritual that certain ritual items like the white chalk is used to imbue it with spiritual potency and symbolic qualities. All these act as ritual mechanism and primordial symbol of spirit ties without which nothing can be done (Shapiro, 1995). ). Kazuo

Fukura (2011: 107-109) affirms that "these are musthave items that constitute a teacher spirit's tray on the altar of a medium". In this situation, the identity of the spirit emerges during the interpretations of signs and a circumstance on the first appearances of the ancestral spirit which emerges during the application of ritual medicine on the body of the hand fans.

Secondly, during the stage of spirit possession, the behaviour of the host's is conventional and highly constrained by the codes of performance [the rhythmical sequence of the sound of the hand fans which goes simultaneously with its dance styles and praises]. Lambek (1989:44) argues that such an experience is equally "symbolically rich and open-ended, both because it does not prescribe particular channels or avenues of behaviour to the onlookers and because it's playful quality, especially the use of sound and dance and the comedic-drama are usually kept apart". This is the reason why Wicker (2000:214) comments that "the sound rhythms of Mami Water move her devotees as smoothly and unresistingly as a swimmer carries along by the gentle movement of the current". It is during this stage that the sound of the hand fans breaks that spiritual link or barrier between the worlds of seen and unseen in the extraterrestrial realm, and in this situation, it is believed that the community "are dancing on the shoulders of their ancestors" (Glocke & Jackson, 2011:6), through the mediation of ordered hierarchy from deity to man. Lambek (1989:44) asserts that spirit invocation and possession performances are somehow amusing, intellectually and aesthetically gratifying and satisfying. Spirit behaviour is endlessly fascinating to some people; the parties for spirits held at the last stage of a possession attract large audiences as well as hosts whose spirits would not rise otherwise, and the appearance of a spirit on any occasion produces general interest for the entire community.

In the course of ritual liturgy of order, the identity of the spirit is known or established as separate from that of the human host and given both psychological and social reality. When the initiates are under possession, the people so possessed dramatically through dance behave like the spirit which activate and possess them (Ohadike, 2007:10 & Shuaibu, 2002:62). This is because "the dancing

contains elements of both reinforcement and inversion of norms of gender typification" (Rasmussen, 1994:79). Nabofa (2005:348) explains that "the services on the holy day are characterized by dance. The votaries demonstrate their skill n dance, beating their hands and laps with their fans. This causes a great vibration which moves the Ogwa and they are all dressed in white clothes - their symbols of purity within and without". It is very significant to mention here that colour white in the world view of all members of Igbe cult religion stands as an epitome of cleanliness in all its ramifications. Ben-Amos (1994:120) affirms that "ritual purity is symbolised by the colour white, which predominates in all aspects of... ritual and art. ... priestesses are expected to dress in white ritual attire and to observe very stringent taboos regarding pollution" while dancing. No wonder, Judith Hanna argues that such vigorous dancing can lead to an altered state of consciousness because it has a unique potential of going beyond communication by creating moods for divine manifestation (1988:286). Emma Cohen (2007:64) asserts that during this stage it creates a "specific atmosphere which has a decisive effect on the nature of the neurophysiological activity in the brains of group members" through the sound which invokes the spirit that is believed to be around in anticipation of mounting on the initiates that eventually results to altered state.

Basically, it is with this assimilation and understanding that William James argues that this mystical states or interlude are very brief and cannot be sustained for a long time (1975:367). Andrew Greeley posits that in this mystical episode, the person consciously experiences his intimacy with the cosmos (1974:65). It is also significant to say here that it is during this period that some onlookers do develop eerie feelings and goose pimples according to the views expressed by some of my participants. However, the public is seen here as a conscious and participatory audience enriching ritual production of the hand fans through the mediation of its sound (Ayu, 1986:22).

Nonetheless, it is the booming sound of the hand fans that calls for spirit invocation and possession because its sound would be compared to the wind, and according to Shuaibu (2002:63) "it is everywhere and

no one can tell with any accuracy, just how it feels to be possessed, one knows that it is there that is all". Here, sound wave is nothing more than a compressional wave caused by vibrations (Lapp, 2006:7). In this mystical process, a current of energy or vibration through the sound stimulate the initiates' spirit and the meeting point is the point of communion of the initiates by hearing the mystical sound emanating from the deep (Akintola, 1992:18). In this mystical transformation lies the whole secret of where spirit invocation and possession are articulated and managed. As a point of emphasis, at this point the identity of the spirit may be in suspense until the enactment of the final ceremony; it is a by-product of the host's deep motivation and the actual identity of the spirits of the host's consociates and predecessors (Lambek, 1989:43).

However, during the ritual ceremony, the deep current of the countless rivulets of Mami Water extent their tributaries and confluences in traditional community like the Aguleri, while the drum rhythms of Mami Water move her devotees as smoothly and unresistingly as a swimmer carried along the gentle movement of the current (Wicker, 2000:214). Nabofa (1994:39) assets that at this stage the host is in a frenzy mood, while the divine is believed to infuse the total being of the subject and would enter into an intimate inner communication with the devotee. It is also believed that the possessed person would begin to hear sonorous voices blended with melodious sound emanating from inside the deep. He affirms that at this stage also, the devotee would be enticed and would have a feeling of compulsion to go there. He becomes ecstatic and moves to the shore or to that direction, and endeavours to answer the divine summons (Nabofa, 1994:39). Parrinder (1969:67) affirms that anyone who listens to African prayers must have been impressed by the sonorous rehearsals of divine qualities. It is in this context that Nabofa (1994:10) echoes that the artistic/ritualistic object like the hand fan of the Igbe cult is regarded as "the people's theologians and religious spokesman. This is because it provides the language with which the people's thinking is expressed". In this wise, African theology should be understood in the context of African life and culture (Appiah, 1995:119).

This is the more reason why *Igbe* religion attaches more importance to spirit of mami water in African Religion and spirituality (Wicker, 2000). According to Wicker (2000:199) mami water is the name applied by Africans to a class of female and male water divinities or spirits which possesses their devotees. In this situation, "their bodies often end up signifying order and purity when they are displaced according to morally appropriate norms of containment and control" (Masquelier, 2008: 41). Alyward Shorter (1970:112) posits that during this period "the subject is seized with shaking, sways from side to side, falls down and speaks a meaningless, gibberish, or words of a foreign language already known to him". Similarly, Danfulani (1999:191-192) affirms that it is during such periods that "some members may be gripped by the spirit and they may speak in tongues. Their involvement with glossolalia demonstrates very clearly their practice of spirit possession, similar to what obtains in many Pentecostal churches today". Nabofa (1994:40) explains that "experience has shown that it is not always very easy to overpower such a possessed person because of the extra power the divine has infused into him because his body would become slippery and to calm the ecstasy; some symbolic items would be applied in order to placate the divine". The ritual purification of Igbe cult members where mystical sound are produced through the mediating power of sound produced by beating of hands and laps features most prominently is a liturgical ritual site to reconstitute royal authority and enable the spirits to perform ritual blessings over the human populace through act of spirit invocation and possession (Bloch, 1987:272). The authority of spirits is a key feature of their makeup and one that actually plays a significant role in the final sort of ritual communication (Lambek, 1989:45).

Thirdly, there are substantive communications between established spirits and their human consociates, including the internal mystical conversations maintained by adepts, but the conversations established between the initiates and the deities are very paramount (Lambek, 1989:45). He argues that in this way, spirit invocation and possession is treated as natural in the sense that, while it is unusual, an oddity that cries out for explanation, it can, in fact, actually be explained as the direct, unmedi-

ated contact or outcome of a material process in the thinking and belief of society like the Aguleri people (Lambek, 1989:47). The most common type of variants of this approach is to assume or believe that spirit possession is a more or less direct contact or mystical manifestation of divine attributes where possession is basically concerned essentially with the enhancement of status (Lewis, 1971:127).

On the contrary, spirits are powerful creatures or mystical agencies, and in their effects upon their human hosts and their demands upon others their ritual power is vividly mediated and manifested (Lambek, 1989:50). But, we should take note of the fact that this power is socially constructed, generated and activated when the sound of the hand fan is played in the ritual festivals like the ritual purification and it also portrays a kind of system of communication through which possession is constituted. It is on this position that Lambek (1989:51&55) posits that spirits through the mediation of sound "act with a power and speak with an authority that transcends the mundane, and humans are not considered responsible for their actions or directives at that particular point in time. This is to view spirit invocation and possession as ritual, but ritual that does not merely speak, in symbolic language or voice, about society, but actively constructs it". Lambek (1989:55) again affirms that in ritual performance like the ritual purification celebration, "real things happen to real people", because this is where the sound from the hand fan is used to invoke and infect spirit possession on the initiates. Mami Water spirit has been identified as the local divinity, responsible for positioning and functioning strategically to alter traditional cultural expectations among its devotee's lives. It has been observed that water devotional ritual attracts people, especially women, who are "extraordinary and creative. They do not easily conform to established norms and they are often marginal, yet highly recognized, in their own communities. Many Mammy Water worshippers are prophets, mediums of the water spirits. As performing artists they express new ideas and forms. Their native doctors are frequently women who posses' extraordinary powers" (Jell-Bahlsen, 1995a:30). Jell-Bahlsen again stresses that women in particular still derive much spiritual strength, psychological and economic empowerment from this water spirit despite and against the encroachments of Christianity, Islam, and foreign power structures (2000:39).

Arguably, llesanmi (1996:5) asserts that it is during such ritual dance through the sound of the hand fan that "the deity himself possesses some of them, making them perform fits beyond the normal capacity of the generality of the people". It is on this position that Erika Bourguignon (1968:4) asserts that spirit possession through the mediation of sound is apparently dependent on the possibility of separating the self into one or more elements. Put in another way, spirit possession entails a complete separation of mind [or agency, spirit, person, self] totally from the body (Rouget, 1985:325). Similarly, Lambek (2008:246-247) affirms that the agency of the host is frequently represented as withdrawing from the body or assuming a passive role in relation to control the body, which is subsequently occupied or simply animated by the possessing spirit. Thus, spirit possession entails the complete displacement of the host's agency by another agent's, such that a bodiless or lifeless agent effectively takes control of the body - but not the mind of self - of a living being. Cohen & Barrett (2008:247) argues that during the possession episode, the agency of the host is completely replaced by an agency other than the host's. Equally significant is the fact that possessing agent is wholly responsible for the duration of the episode. Spirit possession involves a fusion of an antidate with the spirit or mind of a human host or joining of the body of the medium with that of the spirit entity. In other words, the otherness of possession as it is believed is captivating, mysterious and enigmatic (Cohen & Barrett, 2008:250).

On this position, I can say tersely that sound is very significant for spirit invocation and to summon the divine to attend ritual worship of Mami Water by the devotees of the *Igbe* cult who are basically identified with *dada* hair style. Spirit invocation is achieved through the ritual power of sound that invokes the ancestral spirit during the *Ogwa ritual* festival. During the invocation, incantations are recited and praises are showered on the divinities of the community through the simultaneous pounding of the sound that emanates from the beating of their hands, and laps with their fans. It is from the sound of these musical

instruments and its ritual incantations that we would be able to know the attributes, praises, the theogony, powers and capabilities of the object of the worship (Nabofa, 1994:16) through the worship of Mami Water. Various rituals recognize Mami Water's power to give countless gifts or blessings, but at the same vein require that the devotees give gifts to others as well as receive them for themselves. Nonetheless, the fears and aspirations of the devotees who are mainly dadas are equally identified in the course of the sound and incantations. The sound of these hand fans is played and manipulated in such a manner that they easily create eerie feelings on those within the liturgical or ritual ground. By such act, the whole place would be charged, and also surrounded with the aura of reverence, while all these combined with some other symbolic processes that will make the ritual liturgy to be more meaningful and enjoyable (Nabofa, 1994:35).

In fact, the sound of the fans and beating of their hands is assumed to be used to bring order, meaning and co-ordination among the devotees when they begin to express their feelings and joy through ritual dance and drama during the Ogwa celebration. According to Akama (1985:34) "this fan, when sprinkled with the kaolin, is believed to have some divine power. This fan is used for healing exorcism by the Uku or any of the Igbe votaries". During ritual possession dance and singing, the sound produced by the ritual mechanisms in conjunction with other things and conditions will as well "aid to awaken the spirituality in the initiates" (Akintola, 1992:25). Robin Horton (1963:98) claims that through the mediation of its symbolic sound for the initiates, "it means the ability to translate the rhythm smoothly and faultlessly into the appropriate dance-steps". Nabofa (1994:35) argues that "when they have been so aroused they would be so elated that they may have direct contact with the holy. In order to arouse the sense of awe and reverence in people's mind and consciousness, cultic functionaries combine non-verbal communication techniques through the mediation of the sound with spoken words in transmitting their messages and intensions in order to align others". He explains that "different messages are usually encoded into the sound expressions and different onlookers decode different meanings from the symbolic ritual dance

and drama" (Nabofa, 1994:35).

#### 7 | CONCLUSION

The impressions created by the booming and pounding sound from the hand fans and hands seem to linger and indelibly remain as a point of reference in the minds of most spectators because according to the views expressed by some of my participants they like it. This is one of the reasons why the presence of a devotee who has dad-hair style in whose interest a particular ritual is being performed, is needed. Such is required in order to enable the message of the ritual, which is basically transmitted through the symbolic sound to sink deeply into the inner recesses of the devotee where spirit invocation and possession control the movement between individuals while the spiritual potency of the sound is ritually and spiritually contained. This is because the engine power house of the Igbe devotee is his or her dad-hair style affixed with cowries.

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